

# 2020 Hampton Yacht Club WOMEN'S FRIDAY SAILING SERIES Sailing Instructions

1. **DATES:** Race dates June 19, July 10, July 17, July 31, August 7, August 21
2. **ENTRIES:**
  - 2.1 The series is open to all HYC women members in the Adult Sailing Program including women participating in the Limited Membership. Must be over the age of 18.
  - 2.2 Early registration is requested, but not required. Registration must be submitted no later than 5pm on the date of each race. Please submit the online sign up form or notify the Sailing Director.
  - 2.3 Early sign ups allow HYC staff to better prep the appropriate amount of Sonars. It does not matter whether you sign up for skipper/crew or which boat you sign up for, we will be making crew and boat selections before the start of the race.
3. **FEES** -The entry fee can be paid in one of three ways: annual upfront fee of \$180; or monthly commitment of \$15 per month for one year for the Adult Sailing Program. The annual or monthly cost gives you and your family members unlimited use of the Sonars for Learn to Sail classes, Recreational Sailing, Team Racing, Frostbiting and other various clinics hosted by the Sailing Director.  
*You may bring a guest. Remember HYC members have 1<sup>st</sup> priority to available spots. The member is responsible for the guest she brings.*
4. **RULES**  
This race will be governed by the International Sailing Federation Racing Rules of Sailing (RRS) as adopted by the United States Sailing Association (US SAILING, these Sailing Instructions and any changes made during the Skippers Meeting on each race day).
5. **CHANGES TO SAILING INSTRUCTIONS**  
Any change to the sailing instructions will be announced before the race.
6. **CLASS FLAGS**  
Sonar CLASS FLAG
7. **RACING AREAS**  
The racing area is the Hampton River and the vicinity of the Hampton River Entrance Channel in the Harbor.
8. **MARKS**  
Race Course marks will be orange balls.
9. **THE COURSES**  
Please see Appendix A. Course will be announced before the start of the race.
10. **ATTENTION SIGNAL**  
The attention signal for each race day is at 6:25 p.m or when all boats have reached the starting line. An attention signal will be made five minutes before the starting sequence.
11. **THE START**  
Start will be in close proximity to "A" mark (from Wednesday Night Racing) or at a drop mark in Strawberry Banks. Starts will be in accordance with RRS 26.  
Start Sequence:
  - 5 minutes- SONAR Class Flag
  - 4 Minutes- P flag up
  - 1 Minute- P flag down
  - 0 Class Sonar flag and Start.

12. **RECALLS**  
There will be no General Recalls. Boats over early will be hailed and required to restart.
13. **FINISH**  
The Finish Line is between the orange flag on HYC B Dock and the blue painted rocks on Hampton University shore or from the orange flag on the powerboat and a mark.
14. **PENALTIES**  
A boat infringing a rule of RRS Part 2 may take a penalty in accordance with RRS 44.2, (One Turn Penalty).
15. **SCORING**  
Scoring as per RRS Appendix A (the Low Point Scoring System). Each Friday night will be scored individually. At the end of the season there will be awards for accumulative participation.
16. **SAFETY**  
A boat that retires from a race shall notify the Race Committee as soon as possible. Please hail the Sailing Director (Ch. 67) if there are any boat break downs or retiring from a race.
17. **EQUIPMENT**  
Each participant must wear a Coast Guard approved life jacket. All life jackets must be worn and secured when the boat is on the water.
18. **DISCLAIMER OF LIABILITY**  
Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
19. **AWARDS**  
Women's Sailing wine glasses Awards for each participant, wine charm trophies will be presented for winning skippers and crew 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places. At the end of the season there will be awards for accumulative participation.

## Appendix A - Courses

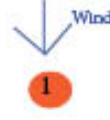
Courses will be chosen on race day and gone over during Skippers Meeting.

### Flag Raiser Course



All Marks to Port  
Start-1-Gate(S&Boat)-Gate(R14&G13)  
-Finish(B Dock)

### Clam Digger Course



2

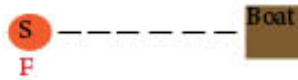


All Marks to Port  
Start-1-2-1-Gate(S&Boat)-  
Gate(R14&G13)-Finish(B Dock)

### Sock Burner Course (a)



2



Marks 1 & 2 to Port  
Mark 3 to Starboard  
Start-1-2-3-Gate(R14&G13) -Finish  
(B Dock)

3

(a) Course  
All Marks to Port  
Start-1-2-3-Finish