

2019 Hampton Yacht Club WOMEN'S FRIDAY SAILING SERIES Sailing Instructions

All forms mentioned below are available at Hamptonyc.com. Select Yachting.
There will be separate SI's for the Women's Regatta

1. **DATES:** Race dates; April 26, May 10, May 24, June 13, June 21, July 11, July 19, July 25, August 8 and August 23. Combination of Thursdays and Fridays.
2. **ENTRIES:**
 - 2.1 The series is open to all HYC women members or women participating in the Limited Members Adult Sailing Program. Must be over the age of 18.
 - 2.2 Entry forms are available online on the HYC website: www.hamptonyc.com/yachting/womens-sailing/. Early registration is requested, but not required. Registration must be submitted no later than 5pm on the date of each race. Please submit registration forms via email to the Sailing Director at Arielle@hamptonyc.com or in person to the Sailing Director.
 - 2.3 Before noon of each race day, you must sign up through Sign Up Genius (make sure to select the correct date, please go to www.hamptonyc.com/yachting/womens-sailing/). Therefore, HYC will be able to prep the appropriate amount of Sonars. It does not matter whether you sign up for skipper/crew or which boat you sign up for, we will be making crew and boat selections before the start of the race.
3. **FEES** – The entry fee can be paid in one of three ways: \$15 per race; annual upfront fee of \$180; or monthly commitment of \$15 per month for one year. The annual or monthly cost gives you and your family members unlimited use of the Sonars for Learn to Sail classes, recreational sailing, Team Racing, Frostbiting and other various clinics hosted by the Sailing Director.

You may bring a guest for an additional \$20/person. Remember HYC members have 1st priority to available spots. The member is responsible for the guest she brings.
4. **RULES**

This race will be governed by the International Sailing Federation Racing Rules of Sailing (RRS) as adopted by the United States Sailing Association (US SAILING, these Sailing Instructions and any changes made during the Skippers Meeting on each race day).
5. **CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be announced before the race.
6. **CLASS FLAGS**

Sonar CLASS FLAG
7. **RACING AREAS**

The racing area is the Hampton River and the vicinity of the Hampton River Entrance Channel in the Harbor.
8. **MARKS**

Race Course marks will be orange balls. R 14 and G 13 at the entrance of the Hampton River, which are to be treated as a gate.
9. **THE COURSES**

Please see Appendix A. Course will be announced before the start of the race.
10. **ATTENTION SIGNAL**

The attention signal for each race day is at 6:25 p.m or when all boats have reached the starting line. An attention signal will be made five minutes before the starting sequence.

11. **THE START**

Start will either be at A mark (from Wednesday Night Racing) or at a drop mark in Strawberry Banks. The finish line is between the orange flag on B dock and the blue painted rocks on the Hampton University shore or from the orange flag on the powerboat and a mark. Starts will be in accordance with RRS 26.

Start Sequence:

5 minutes- SONAR Class Flag

4 Minutes- P flag up

1 Minute- P flag down

0 Class Sonar flag and Start.

12. **RECALLS**

There will be no General Recalls. Boats over early will be hailed and required to restart.

13. **FINISH**

The Finish Line is between the orange flag on HYC B Dock and the blue painted rocks on Hampton University shore or from the orange flag on the powerboat and a mark.

14. **PENALTIES**

A boat infringing a rule of RRS Part 2 may take a penalty in accordance with RRS 44.2, (One Turn Penalty).

15. **SCORING**

Scoring as per RRS Appendix A (the Low Point Scoring System). Each Friday night will be scored individually. At the end of the season there will be awards for accumulative participation.

16. **SAFETY**

A boat that retires from a race shall notify the Race Committee as soon as possible. Please call the Sailing Director (757)409-0170 if there are any boat break downs or retiring from a race.

17. **EQUIPMENT**

Each participant must wear a Coast Guard approved life jacket. All life jackets must be worn and secured when the boat is on the water.

18. **DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

19. **AWARDS**

Women's Sailing wine glasses Awards for each participant, wine charm trophies will be presented for winning skippers and crew 1st, 2nd and 3rd places. At the end of the season there will be awards for accumulative participation.

Appendix A - Courses

Courses will be chosen on race day and gone over during Skippers Meeting.

