



HYC WOMEN'S SPRING & FALL REGATTAS

June 8th, 2019 & September 29th, 2019

Organized by Hampton Yacht Club

SAILING INSTRUCTIONS

1 RULES

The regatta will be governed by *The Racing Rules of Sailing*.

2 ENTRIES

2.1 The regatta will be open to all HYC women members or women participating in the HYC Women's Sailing Program.

2.2 Boat and crew assignments will be done at the Sunday morning Skippers Meeting.

3 NOTICES TO COMPETITORS & CHANGES TO THE SAILING INSTRUCTIONS

3.1 Notices to competitors will be posted on the Official Notice Board located in the HYC Lounge.

3.2 Any changes to the Sailing Instructions will be posted before 10:30 Sunday morning.

4 SCHEDULE

10:00 am Check-In (Lounge)

10:30 am Skippers Meeting & Boat Assignments (Patio)

12:00 pm Warning Signal (Strawberry Banks)

3:30 pm Post-Race Awards Party (Lounge)

5 Racing Program

5.1 Racing will be conducted off Strawberry Banks at the mouth of the Hampton River.

5.2 Courses will be windward/leeward – twice around. (See Appendix A)

5.3 Three races will be attempted, wind and weather permitting. Flag "A" displayed at the end of a race means, "Racing is concluded".

5.4 The Class Flag will be the Sonar Flag.

6 RADIO

6.1 Each boat is encouraged to have a working hand-held VHF radio aboard.

6.2 The RC will make courtesy announcements on **VHF-72** regarding such things as starting information, postponements, and hails to boats who are OCS at the start.

7 THE START

7.1 Rule 26 will be used. In addition, an Attention Signal consisting of a series of short sounds will be made approx. one (1) minute prior to the Warning Signal for each race. This is not a timed signal.

7.2 The starting line will be between the staff displaying an Orange Flag on the RC boat at the starboard end of the line and the course side of an inflatable mark at the port end.

7.3 The RC will attempt to hail boats that started prematurely on **VHF-72**.

8 COURSE CHANGE

8.1 To change the next leg of the course, the RC will move the original mark to a new location.

8.2 Course changes will be signaled from the RC Signal Boat in its original position on the starting line. This changes RRS 33.

- Flag "C" plus a red flag means the mark is moved to the left.
- Flag "C" plus a green flag means the mark is moved right.

9 THE FINISH

The finish line will be between the staff displaying an orange flag at one end of the line and the course side of an inflatable mark at the other.

10 TIME LIMITS

10.1 The "target time" for each race will be approx. 30-35 minutes. The time limit for the finish of the first boat is 90 minutes.

10.2 Boats still racing but not finished within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing.

11 PROTESTS

11.1 To protest another boat for an incident in the racing area, the protesting boat must immediately hail "protest". No red flag is required. In addition, at the finish, the protesting boat must notify the race committee of the protest and give the name and/or sail number of the protested boat(s).

11.2 Protests will be heard ashore as soon as possible following racing.

12 SCORING

There will be no throw-outs. One race will constitute a regatta.

13 SAFETY

13.1 Prior to her first race of the day, each boat shall check-in with the Race Committee by passing the stern of the RC Signal Boat and hailing her name and/or sail number until acknowledged by the RC.

13.2 A boat that retires from a race or leaves the racing area before the conclusion of racing shall inform the RC as soon as possible.

14 AWARDS

Appropriate awards will be presented at the Post Race Awards Party.

15 DISCLAIMER

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. The Hampton Yacht Club and their members, volunteers, employees, officers and agents shall not be responsible for any loss, damage, or injury that may occur to person(s) or property whether ashore or at sea as a consequence of the participation of any boat.

16 CONTACTS:

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