

Vir Menon – Head Opti Race Coach

Vir started sailing the Optimist at the age of 5 in India and competed at regional, national and international championships while representing the Indian National Squad until the age of 14.



He was the Indian National Champion until he moved into the Laser where he competed in 4 World Championships., 3 European Championships and was National champion in the 4.7, Radial and Full-Rig disciplines.

Vir is now the Captain of Christopher Newport University's Varsity Sailing team where he is also majoring in History with a minor in Leadership Studies. He has been competitively racing all his life in hoping to make it to the Olympic Games in the Laser.

As the Opti Head Coach this summer, he is looking to work on fine tuning the sailors' tactics and strategy by spending time going over the routine and tips that helped him succeed in the class. Vir is ready to take on his first year coaching at NYCC and HYC.

Ellie Maus – Green Fleet Opti Race Coach



Starting in Optimists at the age of 8, Ellie grew up sailing and racing in Norfolk and Hampton. She soon graduated to Laser Radials and while sailing in ODU's Elite Laser Sailing team, she traveled up and down the East Coast competing in Nationals and North Americans.

During her high school years, Ellie was a part of Norfolk Collegiate's Varsity Sailing team where she skippered since seventh grade. During her time at NoCo, Ellie helped her team win 2 conference championships, 3 state championships and MASSA Women's Championship. She was named both Conference Sailor of the Year and VISA Sailor of the Year two years in a row.

Ellie currently attends Bowdoin College and is a member of their Varsity Sailing team, both co-ed and women's. Ellie is US Sailing Level 1 certified.

TBA – c420 Race Coach